

Series: Focus on Christ (Philippians)

Sermon: Focus on Christ, Not the Crash

Bible Verses: Philippians 4:4-7

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"Focus on _____, not the _____."

When Peter focused _____, he could walk on water. When he focused on the _____, he doubted and began to sink.

Focus on Christ by rejoicing in the Lord: my happiness should be _____.

Focus on Christ so that I am so _____ to everyone, even when they attack me, that everyone notices.

Focus on Christ by not worrying or being anxious, but taking every worry to God and _____, knowing he can carry it, and I don't have to.

I have to be _____ when I pray too, otherwise I'm merely focusing on the crash and not the awesome things Christ has done already!

RESULT: TOTAL _____.

How to make my brain ATTEND and FOCUS ON CHRIST? Example:

Sun-Sat: Read the Bible and pray. Time alone with God.

Sunday: Church, _____. Attend one service, serve one service.

Mon, Wed, Fri: Reading a Christian _____ book or biography.

Wed: Growth Group, every week.

Tue, Thu: Listen to TruthRevolution.tv and another Christian podcast.

Fri: Spend extra time hanging with some _____ friends, ask them how they're doing with God.

Sat: Spend ten extra minutes after time with God just meditating on aspects of how amazing God is.

LEARN MORE! Our 30-Minute radio/vodcast:

Want to go deeper? Pastors Jeff and Dave discuss the actual tools you'll need to know God better, like what kind of books, etc: <http://truthrevolution.tv/audioarchives/diving-deeper/>

Growth Group prep (to learn about Growth Groups visit www.revo.church/growth-groups)

- When you have anxiety, what are some reasons you haven't taken it to God?
- Which of the practical examples above do you think you'd like to take on and do better at?