

## Series: Healthy Habits

### Sermon: E.A.T. the Bible

#### Bible Verses: Matthew 4:4 and Hebrews 4:12

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Date: 1-6-19

God's word is \_\_\_\_\_ for my life. According to Jesus, we live on the words of God. The question is, how can I get it in my \_\_\_\_\_?

THE BIG PROBLEM #1: I don't actually \_\_\_\_\_ God to \_\_\_\_\_ when I read the Bible.

### E.A.T.:

**(E)** I must \_\_\_\_\_ that God's word will \_\_\_\_\_, and approach the Bible that way when I read.

Truth: The word of God is \_\_\_\_\_ and \_\_\_\_\_! (Hebrews 4:12)

THE BIG PROBLEM #2: I may not have the \_\_\_\_\_ to hear God speaking.

**(A)** I must have the correct \_\_\_\_\_: a good \_\_\_\_\_ translation and study helps.

[www.truthrevolution.tv/know-the-bible/](http://www.truthrevolution.tv/know-the-bible/)

THE BIG PROBLEM #3: We don't actually find \_\_\_\_\_ where God can speak.

Truth: My life is too crazy to assume that \_\_\_\_\_ somewhere.

**(T)** I must find a consistent \_\_\_\_\_ where I can pray and read the word of God.

Bible in a year: [revo.church/](http://revo.church/)\_\_\_\_\_

*If I consistently EAT the word of God, even if I \_\_\_\_\_, by the end of the year I will be \_\_\_\_\_ truths closer to know God deeply. And even though I don't remember everything, I will be \_\_\_\_\_ by his words in ways that I can't even expect or imagine right now.*

**Don't forget to check out: TruthRevolution.tv and listen to "15 Healthy Habits"!**

<http://truthrevolution.tv/audioarchives/15-healthy-habits/>