

Series: Healthy Habits

Sermon: Kill That Tradition!

Bible Verses: Mark 7:1-8

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Healthy Habit: _____ or _____ phrases, traditions, or habits that have become cliché, old, or in the way of a true relationship with God.

Problem when things _____ doing get in the way what _____ be doing!

Summary of what Jesus says: the Pharisees _____ more than they loved being close to God: they were fakers and their religion was _____.

Being comfortable with a habit, a phrase, or a tradition does not mean it's _____. Comfort can prevent me from realize how _____ it is.

If I am engaging in actions that _____, but my heart isn't any _____ as a result of them, I've got a problem.

I should never confuse _____ with the _____. *Meaning: maybe a certain phrase, idea, etc helped me know God better for a time, but that doesn't mean it is God's way. I need to know God for who he is right now, and what he wants from me right now.*

**Practical Application: I need to sniff out where
the _____ in my life. Then I should kill
those things or change them. Most of all, I need to make sure I'm in a good
_____ and not just doing traditions.**

How do I know if I should kill it or change/renew it? *This is not an easy answer. Ask your growth group, seek wisdom in prayer, and the Bible. But, generally speaking: Commitments to _____ (marriage, Church, or health) are worth renewing and changing to make it work. But, if it's unhealthy, if it has outlived it's worth, if it's in the way of something greater, if it has _____ instead of getting me to the goal, or straight up has become an obsession for me I should kill it.*