

Sermon: When I Feel Condemned

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Bible Verses: 1 John 3:19-24

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Sometimes I feel _____ for my _____ even when I don't need to.

God conquers my _____ and commends my _____.

God is " _____ " (stronger/more _____) than I realize even though he knows _____ wrong thing I've ever done. I need to eat this truth up!

My heart won't condemn me when I (a) _____ believe and _____ the forgiveness from God and (b) am _____ on sin in my life.

Genuine _____ results in a confidently bold prayer life. And _____ those prayers of mine!

CONFIDENT PRAYER LOOKS LIKE: _____

Galatians 5 Grid.

From Galatians 5:19-20, these are the "acts of the flesh." Mark which ones you are struggling with, and which ones create condemnation inside of you. Then write on the other side how you are, or will, wage war against that sin.

SIN	HOW AM I OR WILL I WAGE WAR AGAINST IT
Sexual immorality	
Impurity	
Debauchery (seeking pleasure first)	
Idolatry (putting things before God)	
Witchcraft (include horoscopes, Ouija boards, etc)	
Hatred (unloving actions)	
Discord (problems between me and others)	
Jealousy	
Fits of rage	
Selfish ambition (putting myself and desires first)	
Dissensions or Factions (have problems with groups of people or only sticking with a group against others)	
Envy (I want what others have)	
Drunkenness (not being sober)	
Orgies	
Misc things I know God isn't pleased with	

Now, write down ways you are taking ACTION to show love to other Christians AND LIVE HOW GOD WANTS:

HOW AM I LOVING FELLOW CHRISTIANS AND OTHERS

Practical Application:

-When I feel condemned, I will go through the Galatians 5 grid and make sure I'm _____ and haven't accepted it. If that's true, I'll read/pray Psalm 116 _____ the truth that God is greater than my self-condemnation.

-When I don't feel condemned, I'll make sure I haven't deceived myself (Galatians 5 grid) and if I haven't, then I'll move into _____. I will even try to increase the time I spent, and my soul's engagement in prayer. Perhaps a _____, an accountability partner, or some other method of keeping focus is a good idea.

-When I pray, I don't need to say a lot. But I need to say it _____.