

Series: Mark (Jesus - the Son of God)

Sermon: Make 2025 The Most Restful Year Ever

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Bible Verses: Mark 6:30-34

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Fact: We're _____.

Reality: Doing the work God gives you can make you tired. God's _____ is hard _____.
The Apostles worked so hard that they didn't even have _____.

Our culture has changed the definition _____, and the change in expectations has caused people to become _____ and less resilient.

REALITY: I was designed by God to _____; that's in my nature! ~ Gen 2:15

HARD WORK AND DIFFICULTIES AREN'T THE CURSE.

THEY ARE _____ OF PAIN.

Jesus' prescription to help heal the overworked Apostles is _____. A break, away from everything pulling on them, but _____ from their Godly friendships.

God set up a pattern of rest called the _____ that I need because I'm working _____.

Physical rest is _____. Spiritual rest _____. Jesus alone can give us _____ and peace from God.

Jesus and the disciples were very tired of working. They tried and maybe got a little rest, but when they saw _____, compassion and love drove them to work _____.

Practical Application:

Jesus' rest is _____. Too often, I merely replace my work with _____ instead of actual rest.

Proper Sabbath rest looks like learning to _____.
Prayer. It often involves spending time with Christian brothers and sisters, but it should ALWAYS include some alone time, not screen time.

When I go to help and serve in Church, do ministry, or help people I must go do hard work, all in, focused and giving _____! But, I must do it with _____ and love like Jesus, not out of obligation or guilt.

I should be serving in my personal life by telling people about Jesus, but I should also _____ . www.revo.church/serve